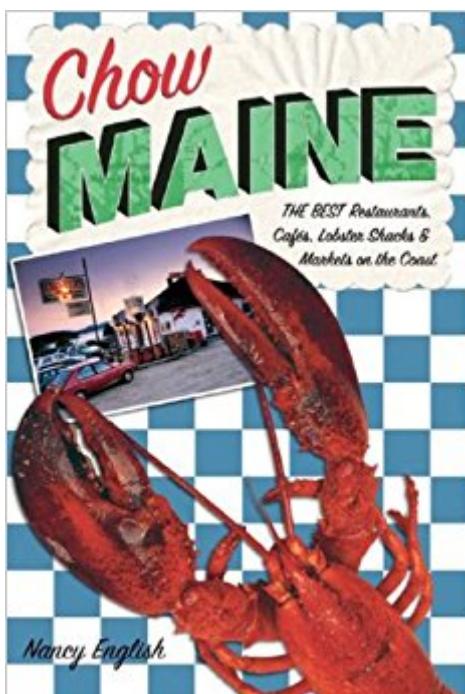


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# Chow Maine: The Best Restaurants, Cafes, Lobster Shacks & Markets On The Coast



## **Synopsis**

Ranging from Kittery Point to the Canadian border, this savvy all-new guide to the diverse food finds along the Maine coast covers everything from high-end restaurants to small cafes and clam shacks with an ocean view. Sit and enjoy a microbrew at an outdoor cafe in Portland's vibrant and diverse Old Port; relish a hot cup of New England clam chowder with authentic Pilot Crackers--just like the natives do, dig into a bowl of steamed mussels as you watch the boats come into dock. The author also reveals the many interesting and delicious food sources that the rocky coast has to offer, from lobster pounds to farmer's markets and greengrocers, so that even those looking to cook for themselves--from a traditional lobster bake cooked under fresh seaweed to a delightful vegetarian spread for friends--will be able to find the best of the best along the many miles of winding shores and hidden coves. Find the freshest blueberries, apples, and greens. Discover the most lively and cost-saving fish markets right on the docks and piers. Learn when to find fiddleheads and softshell lobsters (known as shedders to locals) in season.

## **Book Information**

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## **Customer Reviews**

Nancy English writes essays for Yankee Magazine, After the Sun magazine, and freelance articles for Portland Monthly. She is also the co-author of Maine: An Explorer's Guide. She lives in Portland, Maine.

I love this book - it comes with us on our travels to Maine.. Very informative and wonderful reference

book!

Well worth getting for locals and visitors alike spending time on the Maine coast.

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